

IS YOUR LIFE IMPACTED BY DOMESTIC VIOLENCE?

**YOU**  
are NOT  
alone!

# Women's **Virtual** Support Group at **New Horizons**



Even though we're staying at home, New Horizons is hosting our usual support group online!

Join us every **Tuesday, 6:30-8 PM** to meet up in a virtual safe space. Women who have experienced Domestic Violence/Intimate Partner Violence (IPV) are welcome.

**Join us today!**

- **Get and give support**
- **Educate yourself**
- **Boost your self-esteem**
- **Be empowered**
- **Make a safety plan**



### **How to Register:**

Women interested in joining support group must contact our support group facilitator in order to register and get the online invite to join.

**Contact Valarie Smith at 860-558-4857 or [SmithV@chc1.com](mailto:SmithV@chc1.com) to join group today!**

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